HelloChinaTrip Family Travel Guide

This parent-child travel guide unlocks an easy trip to China for families. From safety protection to itinerary planning, it takes into account both fun and growth: laughter in parks, natural exploration, and cultural experiences, allowing children to learn while playing, and parents to accompany them with peace of mind.



Contents

一、Safety and Planning Core /02

(一) Safety Assurance System /02

(1) Traffic Protection /02

(2) Dietary Health Management /02

(3) Scenic Area Safety Protection /03

(4) Emergency Response Mechanism /03

(二) Itinerary Planning Skills /04

(1) Rhythm Control /04

(2) Participation Design /04

(3) Seasonal Adaptation /04

二、Parent-child themed experience /05

(一) Theme Park /05

(1) Shanghai Disney Resort /05

(2) Guangzhou Chimelong Tourist Resort /06

(3) Universal Studios Beijing /07

(4) Zhuhai Chimelong Ocean kingdom /07

(二) Natural Scenery /08

(1) Zhangjiajie National Forest Park /08

(2) Jiuzhaigou, Sichuan /09

(3) Sanya Yalong Bay /09

(4) Yangshuo, Guilin /10

(三) Cultural and Scientific Attractions /10

(1) Terracotta Warriors of Xi'an /10

(2) Beijing Palace Museum /11

(3) Shanghai Science and Technology Museum /12

(4) China Science and Technology Museum /12

(5) Shanghai Natural History Museum /12

(6) Xi'an Banpo Museum /13

(四) Zoos and Oceanariums /13

(1) Chengdu Giant Panda Breeding Research Base /13

(2) Guangzhou Chimelong Safari Park /14

(3) Beijing Zoo /14

(4) Zhuhai Chimelong Ocean Kingdom /14

(五) Six Cultural Theme In-Depth Tours /15

(1) Tea Culture Themed Experience /15

(2) Calligraphy and Chinese Character Culture Tour /16

(3) Wushu Kungfu Experience Camp /16

(4) Traditional Opera Enlightenment /17

(5) Traditional Festival Theme Tour /17

(6) Traditional Clothing and Handicraft Experience /18

(六) In-Depth Experience of Ancient Towns and Villages /19

(1) Wuzhen/Xitang /19

(2) Puzhehei, Yunnan /20

(3) Hongcun Village, Anhui /20

(4) Fujian Tulou (Yongding/Nanjing) /20

(5) Zhaoxing Dong Village, Guizhou /21

(6) Xinjiang Hemu Village /21

一、Safety and Planning Core

(一) Safety Assurance System

(1) Traffic Protection

① Implementation of riding regulations

▪ **Legal basis:** Strictly follow the provisions of China's traffic law that "children under 4 years old must use safety seats, and children under 12 years old are prohibited from sitting in the front passenger seat."

▪ **Customized service standards:** Chartered car services must meet the requirements of "equipped with child seats that meet national safety standards", and drivers must pass special training on child safety care, including emergency braking, speed control (avoid speeding), and child emotional comfort.

▪ **Risk avoidance measures:** Dangerous operations such as sudden braking and continuous lane changes are prohibited throughout the journey. Stop at a service area every 2 hours to check the fixation of the child seat and the child's condition.

② Mobility management in scenic spots

▪ **Reservation of means of transport:** Strollers and parent-child sightseeing cars in natural scenic spots (such as Zhangjiajie and Jiuzhaigou) and large amusement parks (such as Shanghai Disney) need to be confirmed 24 hours in advance through official channels (official website/customer service phone number) to confirm whether they need to be reserved. Some popular scenic spots issue rental quotas in different time periods.

▪ **Protection in crowded areas:** In scenic spots such as the Forbidden City and Disney, in addition to using parent-child traction ropes, badges/bracelets must contain "child's name + parent's phone number + emergency contact information". It is recommended to use waterproof materials and hang them in a conspicuous position on the child's chest; after entering the scenic area, take a photo to record the child's clothes on that day as soon as possible, so as to facilitate quick description in case of loss.

(2) Dietary Health Management

① Catering adaptation plan

▪ **Restaurant selection criteria:** Chinese restaurants need to inform in advance of the need for "children's meals without spicy food, less salt, and chopped ingredients"; foreign-related restaurants give priority to stores marked "child-friendly" and confirm that they are equipped with baby dining chairs and children's tableware disinfection cabinets.

▪ **Street snack taboos:** Do not buy food without dust covers and made in the open air. Avoid eating raw food (such as sashimi, drunken shrimp), and ice drinks (drinks below 10°C). It is recommended to choose steamed snacks (such as steamed dumplings, corn); carry-on probiotics must be refrigerated (incubation bags + ice bags can be used), and the dosage (calculated according to the child's weight) must be marked.

② Supply suggestions

▪ **Water replenishment:** Convenience stores in scenic spots mainly sell 500ml small bottles of water. It is recommended to bring your own 1L water bottle (with a straw for children to drink) and refill water for free at the service area; plateau scenic spots (such as Qinghai Lake) need to control the amount of water you drink and avoid frequent toilet visits.

▪ **Snack list:** Individually packaged dissolving beans and rice crackers (to prevent choking) are recommended for children aged 3-6 years old; nuts (no more than 30g per day) and freeze-dried fruits (no added sugar) are recommended for children aged 7-12 years old; chocolate (easy to melt) and jelly (risk of choking) should be avoided; snacks should be placed in a carry-on bag out of the child's reach and distributed regularly and in fixed quantities.



(3) Scenic Area Safety Protection

① Facility safety inspection

▪ **Amusement park equipment:** Before entering the park, check the "Daily Equipment Security Inspection Notice" of Shanghai Disneyland, Guangzhou Chimelong Park and other parks, and focus on confirming the firmness of the safety belts and guardrails of children's projects (such as "The Adventures of Winnie the Pooh" and "Carousel"); children under 1.2 meters in height are prohibited from participating in amusement facilities with speeds exceeding 50km/h (such as roller coasters and pendulums).

▪ **Hiking route guarantee:** Parent-child hiking trails in natural scenic spots must meet the requirements of "slope <15°, no exposed rocks, and rest stations every 500 meters". Children under 6 years old should use parent-child backpacks with shock absorption function (load-bearing capacity not exceeding 25kg). The backpacks should adjust the tightness of the shoulder straps and waist belts in advance to prevent children from slipping.





② Emergency response

▪ **Lost child handling process:** After discovering that the child is lost, immediately contact the scenic area broadcast center (provide the child's photo, clothing, and last seen location), and return along the original route to search. If the child is not found within 15 minutes, contact the scenic area security department to retrieve the surveillance; save the distribution map of the scenic area's "child lost help points" in advance (usually at the entrance guide map), and remember the intercom channel of the nearest help point.

▪ **Medical emergency preparation:** Save the navigation route of "Scenic Area - Nearest Children's Hospital" on your mobile phone (set the "Avoid Highway" option), carry children's antipyretic drugs (such as ibuprofen suspension, packaged in doses according to age), anti-allergic drugs (such as loratadine syrup), and the drugs must be marked with the expiration date; prepare additional oxygen cylinders (child-specific masks) in plateau scenic spots (such as Yulong Snow Mountain), and monitor the child's blood oxygen saturation every 2 hours (if it is lower than 90%, retreat immediately).

(4) Emergency Response Mechanism

① Daily protective items

▪ **Seasonal equipment:** In summer, carry "mosquito repellent stickers (replaced every 4 hours) + SPF30+ physical sunscreen (applied 30 minutes before going out, reapplied every 2 hours)", and in winter, prepare "self-heating warm packs (attached to the child's back to avoid direct contact with the skin) + anti-slip sole stickers (attached to the soles of sports shoes to increase friction)".

▪ **Cleaning tools:** Choose alcohol-free children's disinfectant wipes (to avoid irritation to the skin), carry 30 pieces with you; prepare portable hand sanitizer (push-type, capacity <100ml, can be taken on high-speed trains/planes), which must be used before meals, after defecation, and after touching public facilities.

② Response to special situations

▪ **Allergy management:** The English allergy certificate for children with allergic constitutions must include "allergen name, allergic reaction, and emergency medication". Print 3 copies (1 copy for personal use, 1 copy for the hotel, and 1 copy for the tour guide); check the "pollen concentration forecast" in advance for botanical gardens and flower sea scenic spots, and wear N95 masks for those with severe allergies.

▪ **Fever treatment:** When the body temperature exceeds 38.5℃, take antipyretics first and go to the scenic area medical room to measure the body temperature (excluding causes such as heatstroke and infection); Tongrentang and other chain drugstores can provide "children's medication consultation services". Pharmacists will recommend medication dosage based on the child's age and weight to prevent parents from blindly prescribing medication.





（二） Itinerary Planning Skills

(1) Rhythm Control
Scientifically Allocate Physical Strength to Avoid Parent-Child Fatigue

▪ **Number and interval design of scenic spots:** 2 core scenic spots are fixed every day, and 1.5-2 hours of buffer time is reserved between the two scenic spots (simple meals, parent-child games or free rest can be arranged). For example, enter the Forbidden City for a visit at 9 am, go to a nearby restaurant for dinner at 11:30 am, and go to the Temple of Heaven Park at 2 pm to avoid continuous travel and causing children to be physically exhausted.

▪ **Detailed lunch break mechanism:** It is recommended that young children (3-6 years old) take a "fixed location lunch break", such as resting in bed for 1.5 hours after checking into the hotel; school-age children (7-12 years old) can flexibly choose a "mobile lunch break", such as taking a 30-minute nap on a bench in the rest area of the scenic spot, or using a car-mounted child pillow to catch up on sleep during the journey. Avoid letting children participate in strenuous activities (such as roller coasters in amusement parks) before lunch break to avoid nervous excitement and difficulty falling asleep.

▪ **Lightweight evening itinerary:** After dinner, you can arrange low-intensity activities such as walking and parent-child reading, and return to the accommodation before 20:00. Ensure that children aged 6-12 years old sleep no less than 9 hours a day, and children aged 3-5 years old sleep no less than 10 hours a day to avoid emotional irritability caused by lack of sleep.

(2) Participation Design
Let Children Go from "Passive Following" To "Active Participation"

▪ **Layered option configuration:** For children aged 3-6, provide a "choose one of two" concrete option (such as "Go to the zoo to see pandas or go to the aquarium to see dolphins today?"), with pictures to help understand; children over 7 years old can participate in the "family planning meeting", provide 3-5 alternative attractions (including age-appropriate activities, such as "The Science and Technology Museum has robot interaction, and the botanical garden can pick leaves for specimens"), and let them vote to decide 1-2 attractions for the day.

▪ **Task card incentive mechanism:** Make a "parent-child travel task card" to transform the attractions selected by the child into fun challenges (such as "Find 3 black animals in the zoo and take photos" and "Complete a small physics experiment in the science and technology museum"). Each completed item will be stamped with a commemorative stamp, and rewards (such as local specialty toys, parent-child picture books) will be exchanged after the trip. The difficulty of the task needs to match the age to avoid frustration due to inability to complete.

▪ **Role assignment enhances sense of responsibility:** Let children act as "little guides", responsible for carrying simple guide maps (marking the locations of child-friendly facilities), reminding parents to bring all their belongings (such as water bottles and sun hats), and school-age children can try to keep a "travel diary" (using pictures or short sentences to record the most favorite part of the day), and increase their attention to the itinerary through role substitution.

(3) Seasonal Adaptation
Optimize the Comfort Level of the Experience by Combining Climate Characteristics

▪ **Summer heat relief plan:** Prioritize scenic spots with an average daily temperature below 25℃, such as Jiuzhaigou (average temperature in summer is 15-21℃) with the "early departure and late return" mode (enter the scenic spot at 7 o'clock to avoid the high temperature at noon); tropical areas such as Sanya Yalong Bay adopt "staggered play", carry out beach activities before 10 am and after 4 pm, arrange indoor projects during the noon period (such as the indoor aquarium of Sanya Haichang Dream Ocean City), and carry cooling stickers, small fans and other heat prevention tools with you.

▪ **Balance between keeping warm and experiencing in winter:** Harbin Ice and Snow World is open from 10:00 to 15:00 (the temperature is relatively high at this time, about -15℃ to -8℃), and children are equipped with "three-layer dressing method" (close-fitting warm clothes + down lining + windproof jacket), and they are required to rest for 5 minutes in the indoor warm room every 40 minutes; Hainan winter scenic spots (such as Lingshui Qingshui

Bay) need to pay attention to sun protection. Although the temperature is 20-25℃, the ultraviolet intensity is still high, so you need to apply sunscreen and wear a sun hat.

Seasonal special activities linkage: In spring, Wuxi Cherry Blossom Festival (March) and Hangzhou Prince Bay Tulip Exhibition (April) are combined with outings, and children are allowed to participate in "petal specimen making"; in autumn, agricultural experience is integrated, such as the harvesting experience of Guilin Longji Terraces (October) and the soybean milk grinding activity in Yuanjia Village, Shaanxi, so that seasonal adaptation not only stays at "comfort guarantee", but also extends to special cultural experience.





- Seven Dwarfs Mine Car: A roller coaster project that is both interesting and slightly stimulating. The car will shuttle through the mine, and you can also see the scene of the seven dwarfs mining. It is suitable for older children.
- Disney Friends Meet: There are many Disney character interaction points in the park. Children can meet, take photos, and interact with classic Disney characters such as Mickey, Minnie, and Donald Duck, satisfying their desire to get close to cartoon idols.
- Frozen: Singing Festival: A wonderful song and dance performance. Children can sing and dance with Elsa, Anna and other characters, immerse themselves in the dream world of Frozen, and feel the charm of music and magic.



二、Parent-child themed experience

(一) Theme Park

(1) Shanghai Disney Resort 上海迪士尼度假区

Address

No. 310, Huangzhao Road, Chuansha Town, Pudong New Area, Shanghai
上海市浦东新区川沙镇黄赵路310号

- Dumbo: A classic children's amusement project. Children can sit on a Dumbo-shaped seat and enjoy the fun of flying as the equipment rotates and rises. It is suitable for young children.
- The Adventures of Winnie the Pooh: Take a cute honey pot car and enter Winnie the Pooh's Hundred Acre Forest. Follow Winnie the Pooh to experience interesting adventures. The scene is warm and cute, full of childlike fun.

Parent-Child Project Strategy

Suitable age: 2-12 years old ,adults can also find their childlike innocence

Toddler Zone (2-5 years old)

- The Many Adventures of Winnie the Pooh: Honeypot Car Travels Through the Fairy Tale Book (No Height Restriction)
- Dumbo: Self-Controlled Flight Height (81cm+)
- Mickey Club: Take a Photo with Mickey in a Tuxedo

Children's Challenge Zone (6-12 years old)

- Seven Dwarfs Mine Train: A Gentle Roller Coaster (97cm+)
- Pirates of the Caribbean: An Immersive Boat Ride (No Restriction)
- Buzz Lightyear Star Rescue: Laser Shooting Game (No Restriction)

(2) Guangzhou Chimelong Tourist Resort 广州长隆旅游度假区

Address

No. 299, Hanxi Avenue East, Panyu District, Guangzhou City, Guangdong Province

广东省广州市番禺区汉溪大道东299号





- Wildlife World Self-driving Area: Parent-child families drive slowly through the self-driving area, as if entering the free world of animals. Children can feed giraffes by themselves, watch them stretch their necks gracefully to eat, and observe zebras, antelopes and other animals running and playing at close range. Professional popular science staff will accompany them along the way to explain, broaden children's understanding of animals, let children get close to nature, and understand animal habits.
- Happy World Dream Carousel: In the Habbit Children's Kingdom, the colorful dream carousel attracts children. Riding on the beautifully shaped wooden horse, slowly rotating with cheerful music, it seems like being in a romantic fairy tale world. Parents accompany them to enjoy the warm parent-child time together and leave beautiful memories.
- Water Park Baby Water City: In summer, this is a great choice for parents and children to cool off. Baby Water City, which is specially designed for young children, is safe and worry-free in the shallow water area. It is equipped with small water slides and water spray facilities, and splashes water. Children play in the water and release their innocence. Parents can guard by the side and share the coolness and joy with their children.
- Koala Park in Wildlife World: When children enter the Koala Park, they are instantly attracted by the cute koalas. They hold eucalyptus leaves, chew slowly, or nap lazily on the trees, looking very cute. There are professional explanations in the park, so that children can have a deep understanding of the unique living habits of koalas and increase their scientific knowledge.
- Big Circus Performance: The exciting and shocking big circus is not to be missed. The acrobats challenge thrilling actions, the animals perform cute performances, and the gorgeous lights and shocking sound effects catch the children's eyes throughout the whole process. The exclamations and cheers come one after another, bringing an unforgettable audio-visual feast for the parent-child family.

Parent-Child Project Strategy

Suitable age: 3-15 years old (different parks are suitable for different ages)

Toddler Zone (2-5 years old)

—— Wildlife World

Younger-friendly:

- Tour of small trains (strollers can be pushed onto the station)
- Koala Pavilion/Panda Village (static observation without pressure)

Interactive upgrade:

- Giraffe feeding (30 yuan/branch, it is recommended to tear small strips to prevent choking)
- White tiger diving (one every half hour/best view in front of the glass)

—— Happy World

Children only:

- Hobbit Children's Kingdom (10+ mini equipment, height limit 90-120cm)
- 4D Cinema "Cute Pets" (need to bring your own tissues to prevent water spray)

Family play:

- Pegasus Family Roller Coaster (1m+, parents and children can ride together)

—— Big Circus

Seat selection strategy:

- Ordinary seats choose the front row of Zone E (parade interactive area)
- VIP seats add 200 yuan to participate in the halftime show



(3) Universal Studios Beijing 北京环球影城

Address

Northwest corner of the intersection of East Sixth Ring Road and G1 Beijing-Harbin Expressway, Liyuan Town, Tongzhou District, Beijing

北京市通州区梨园镇东六环与G1京哈高速交叉口西北角

- Despicable Me Minions: A popular attraction in Minions Park. Children ride on dynamic seats and instantly become Minions. They follow Margot, Edith and other characters to start funny adventures. The 4D special effects perfectly present the movie scenes. Children are in the middle of them and experience fun and laughter with the Minions.
- Cute Roller Coaster: The roller coaster has a moderate speed and the track design is full of ingenuity, which is specially designed for children. Shuttled between the colorful buildings of Minions Park, children can feel a slight stimulation and enjoy the thrill of speeding, which is very suitable for children to experience.
- Kung Fu Panda Dragon Warrior Journey: The whole family boarded a boat and followed Po on a journey to fight against evil. During the boat trip, sometimes passing through dark caves, sometimes encountering realistic water curtain special effects, children seem to become Kung Fu masters, fighting side by side with Po, and experiencing exciting adventures.
- Legend of Lights and Shadows: Sitting on the slowly rotating "Kongming Lantern", children can overlook the charming night view of Kung Fu Panda's Land of Awesomeness. The lights are flashing, the atmosphere is warm and romantic, and you can enjoy this pleasant time with your parents and leave beautiful memories.
- Flight of the Hippogriff: A roller coaster suitable for the whole family to experience together, suitable for all ages. After the children follow Hagrid to learn the correct way to ride the Hippogriff, they ride the Hippogriff over Hagrid's cabin and pumpkin field, feel the joy of flying, appreciate the familiar magic scenes, and enjoy the joy of parent-child travel.





Parent-Child Project Strategy

Suitable age: 6 years old+ (some activities have height restrictions)

—— Kung Fu Panda Land

All indoors! Warm in winter and cool in summer:

- Dragon Warrior Journey: Slow drifting + projection story (80cm+)
- Po Kung Fu Training Camp: Non-powered climbing area (non-slip socks are required)
- Peach Tree of Wisdom: Light show every 20 minutes

—— Minions Paradise

Cute photo spots:

- Minions meet-and-greet (11:00/14:00 each)
- Super cute vortex (banana-flavored fountain background)
- Must-play projects:
- Despicable Me Trouble (102cm+, less shaking)

—— Jurassic World

Mild options:

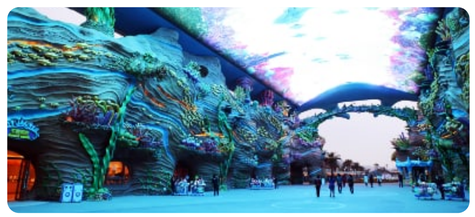
- Encounter with Velociraptor (interact with dinosaur AI, no height limit)
- Jurassic Adventure (122cm+, it is recommended to try it before deciding)

(4) Zhuhai Chimelong Ocean Kingdom 珠海长隆海洋王国

Address

Changlong Avenue, Xiangzhou District, Zhuhai City, Guangdong Province

广东省珠海市香洲区长隆大道





- 5D Castle Cinema: With the world's largest 3D curved screen, children follow Kaka to start an ocean adventure. The cinema uses top-notch sound equipment and LED lighting effects, combined with seat vibration and water spraying special effects, children seem to be in the ocean, swimming with marine life, and feeling the magical charm of the ocean.

▪ Undersea Interactive Boat: A project suitable for all ages, children take a small boat to slowly dive into the seabed. Through the transparent hull, colorful coral reefs, schools of tropical fish, and giant manta rays are in full view. Professional interpreters popularize marine biological knowledge along the way, allowing children to learn while having fun.

Penguin Roller Coaster: The roller coaster shuttles through the simulated Antarctic glacier scene. Children experience the excitement of high-speed sliding and can also observe penguins up close. These little guys sometimes slide on the ice and sometimes jump into the water. They are naive and add a lot of fun to the children's journey.

▪ Ocean Grand Parade: The colorful float team consists of various marine animal-themed floats. The actors are dressed in gorgeous costumes and interact enthusiastically with the children. The clown actors used balloons to create interesting shapes for the children, and the scene was full of laughter.

▪ White Whale Theater Performance: Under the command of the trainer, the smart and agile white whales danced gracefully, jumped high, and sprayed water to interact with the children. Their cute appearance and wonderful performance brought a healing visual feast to the children, which was intoxicating.



Parent-Child Project Strategy

4-10 years old (combination of popular science and entertainment)

—— Must-see exhibition halls

▪ Whale Shark Hall: the world's largest acrylic glass curtain wall (recommended to go at 9 am when there are fewer people)

▪ Penguin Hall: Emperor penguin diving observation tunnel (very air-conditioned, bring a jacket)

—— Ace project

▪ Ocean Defense War: including drones + fireworks + fountains (every night at 19:30)

▪ 5D Castle Cinema: seats will spray water (children's special effects can be turned off on request)

（二）Natural Scenery

(1) Zhangjiajie National Forest Park 张家界国家森林公园

Address

Wulingyuan District, Zhangjiajie City, Hunan Province 湖南省张家界市武陵源区





Parent-Child Project Strategy

Position: Fantastic Mountain Views + Light Hiking Paradise for Families

Suitable age: 4 years old+ (some routes can be pushed in strollers)

Parent-child core experience

—— Jinbianxi Ecological Corridor

Water Paradise: You can catch small fish and shrimp in the shallows (prepare a net bag + a small bucket)

Macaque Interaction: Wild macaque groups along the way (keep a distance of 3 meters, do not feed)

Geology Classroom: Scan the code to listen to the voice explanation of the causes of the unique peaks and forests such as "Splitting the Mountain to Save the Mother"

—— Huangshizhai Loop

Lazy Play: Take the cable car up and down (children's ticket is 40 yuan one-way), the circular plank road on the top of the mountain is flat and has no steps

Viewing C position: "Zhaixingtai" to take pictures of the sea of clouds (it is recommended to go there in the early morning after rain)

Traffic Optimization Plan

Bailong Elevator: 78 seconds to reach the top of the mountain (free for children under 1.2m), reducing climbing fatigue

Yangjiajie Cableway: Fully transparent carriages, children with acrophobia can choose ordinary carriages

Pre-Trip Checklist

Items	Function Description	Recommended Brand/Model
Folding Rekking Pole	Anti-slip on slippery sections of Jinbian Creek	Naturehike carbon fiber model
Children's sling	Recommended for children under 6 years old	Ergobaby 360
Portable Oxygen Tank	Prevent mild altitude sickness in Huangshizhai	Highland Vitality (15L pack)

(2) Jiuzhaigou, Sichuan 四川九寨沟

Address

Zhangza Town, Jiuzhaigou County, Aba Tibetan and Qiang Autonomous Prefecture, Sichuan Province 四川省阿坝藏族羌族自治州九寨沟县漳扎镇

Parent-Child Project Strategy

Position: Fairyland on Earth + Plateau Ecology Course

Suitable age: 5+ (need to assess the child's plateau adaptability)

Parent-child movement line design

—— Low-altitude priority route:

Low-altitude priority route: Shuzheng Group Lake (2200m above sea level) → Rhino Lake → Reed Sea (plank road throughout, stroller-friendly)

Norilang Waterfall: Rainbows are common in the misty area (best at 10am)

High-altitude cautious choice: Changhai/Wucai Pool (3100m+ above sea level), it is recommended to shorten the stay

Effort-saving gameplay

VIP chartered car service: 210 yuan/person, exclusive tour guide plans child-friendly routes

Peak-shifting tips: visit Rize Valley after 3pm (tour group has evacuated)

Plateau response plan

Preventive measures:

Take Rhodiola rosea 7 days in advance (consult a doctor for children's dosage)

Prepare glucose oral solution (quickly relieve dizziness)

Emergency treatment:

The scenic area medical station provides free oxygen (limited to 15 minutes)

If you feel seriously unwell, you can immediately descend to Zhangza Town (1800m above sea level)





(3) Sanya Yalong Bay 三亚亚龙湾

Address

No. 100, Yalongwan Road, Jiyang District, Sanya City, Hainan Province

海南省三亚市吉阳区亚龙湾路100号

Parent-Child Project Strategy

Position: A place for sea play with zero threshold

Suitable age: 5+ (need to assess the child's plateau adaptability)

Beach classification guide

—— Five-star recommendation:

Tianyu Resort Hotel private beach: free sand digging tools + buoyancy arm rings

Left side of the underwater world entrance: shell-dense area (complete coral bones can be picked up)

Lightning protection area: East section of public beach (many reefs/broken shells are easy to scratch)

arent-child special activities

First experience of snorkeling: Cube Seaside Park (above 1.2m, children's masks are provided)

Night visit to crabs: Mangrove Resort Hotel Beach (flashlights are issued at 19:30)

Hotel room selection strategy

Hotel	Parent-Child Privileges	Price Range
MGM	Free little lion doll + children's surfing simulator	1500 yuan +/night
Yanlord Crowne Plaza	Daily dinosaur doll + 15th floor infinity pool	2000 yuan +/night
Yalong Bay Guest House	Value for money + freshwater children's pool	800 yuan +/night





(4) Yangshuo, Guilin 桂林阳朔

Address

Yangshuo County, Guilin City, Guangxi Zhuang Autonomous Region

广西壮族自治区桂林市阳朔县

Parent-Child Project Strategy

Position: Landscape Aesthetics + Intangible Cultural Heritage Handcraft Class

Suitable age: All ages

How to play in depth on Yulong River

—— **Preferred bamboo raft section:** Jinlong Bridge → Jiuxian (90 minutes/9 dams, suitable for people over 3 years old)

Just lift your feet when rushing the dam (it won't get your clothes wet)

The boatman can explain the formation of karst landforms

Cycling route:

——**Parent-child trailer rental point:** Jima Wharf (30 yuan/hour)

Safe section: Chaoyang Wharf → Gongnong Bridge (dedicated greenway)

Food research

—— **Guilin rice noodle DIY:**

Recommended location: the backyard of "Lao Liao Rice Noodle" next to Yangshuo Middle School

Children's task: knead rice balls (with mini mallet)

Parents' task: boil bone soup (with guidance from the chef)

Longji Terraces colored eggs

—— **Nature classroom:**

The Yao grandma teaches you to identify wild herbs (mint/wormwood)

Specimen making tools: Free pressing board at the entrance of the scenic area

Transportation plan:

Sliding pole price: 200 yuan round trip to Ping'an Village (within 80kg load)

Alternative route: Guzhuang Village Observation Deck (fewer steps)





(三) Cultural and Scientific Attractions

(1) Terracotta Warriors of Xi'an 西安兵马俑

Address

Qinling North Road, Lintong District, Xi'an City, Shaanxi Province 陕西省西安市临潼区秦陵北路

Parent-Child Project Strategy

Position：Historical Immersive Theatre

Suitable age: 6+

Advanced gameplay

—— Qin Culture Experience Package (book through the official mini program of the scenic spot)

Animation explanation: Scan the Terracotta Warriors Pit to trigger AR animation (show the original appearance of the Terracotta Warriors and Horses painted)

Role play: Receive the "Little Archaeologist" toolkit (including Luoyang shovel model/pottery repair props)

Painting DIY: Use mineral pigments to color the terracotta warrior mold (experience price of 58 yuan in the cultural and creative store)

Tang Dynasty City That Never Sleeps Linkage

—— Children's exclusive route:

19:30-20:00 Tang Dynasty Secret Box (Questions and Answers to Win Cultural and Creative Ice Cream)

20:30-21:00 Poetry Light Wall (Tianjin Poetry Recitation Triggered by Stepping on Floor Tiles)

Hidden benefits:

Wearing Hanfu can interact with the tumbler girl first

Parent-child dining tips

Recommended "Terracotta Warriors and Horses Chocolate" (Shop at the Exit of Pit No. 1)

Lightning avoidance scenic area restaurant, take a taxi for 10 minutes to "Lintong Impression" to eat gourd chicken



(2) Beijing Palace Museum 北京故宫

Address

No. 4, Jingshanqian Street, Dongcheng District, Beijing 北京市东城区景山前街4号





Parent-Child Project Strategy

Position：Fairyland on Earth + Plateau Ecology Class

Suitable age: 5+

—— Forbidden City Treasure Hunt 2.0

Task props:

Children's guide (20 yuan/piece, including 10 cultural relics challenge stories)

Treasure hunt map (collected at Kunning Palace, need to find all 5 ridge beast seals)

Hidden Easter eggs:

Scan the QR code of the ancient tree in the Zaotang Hall of the Imperial Garden to trigger "Grandpa Tree Tells Stories of the Qing Palace"

Internet celebrity check-in guide

Best photo spot: Broken Rainbow Bridge "Crotch-covering Lion" (children can imitate the shape)

Buy "ridge beast ice cream" at the Ice Cellar Restaurant (the most complete stock arrives before 10:00)

Effort-saving route

Wumen→Wuying Hall (Ceramic Museum interactive screen)→Cining Palace (Deer Scene Interactive Area)→Kunning Palace (Treasure Hunt End)

(3) Shanghai Science and Technology Museum 上海科技馆

Address

No. 2000 Century Avenue, Pudong New Area, Shanghai 上海市浦东新区世纪大道2000号

Parent-Child Project Strategy

Position: Science Playground

Suitable age: 6-15 years old

—— Must-try Experiment List

Rainbow Children's Park (3-6 years old):

Water Symphony (control the trajectory of the ball through the gate)

Shadow Maze (Teamwork and Challenge)

Light of Wisdom (7 years old+):

High Voltage Static Electricity "Raging Hair" (11:00/14:00 sessions daily)

Robot Rubik's Cube (Challenge 30-second record)

Booking Tips

Tickets for the movie "Cosmic Collision" must be purchased 3 days in advance

Food Travel (Digestive System Experience) Numbers are released every hour

(4) China Science and Technology Museum 中国科学技术馆

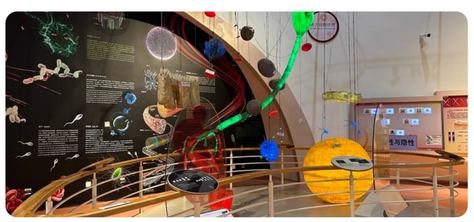
Address

No. 5 Beichen East Road, Chaoyang District, Beijing 北京市朝阳区北辰东路5号

Parent-Child Project Strategy

Position: National Science Laboratory

Suitable age: 8+





Children's Science Park Zoning Guide

Area	Star Project	Key Points
Bubble Factory	Giant bubble film (can cover the whole body)	Surface tension principle
Exploring the Human Body	Intestinal slide (3 meters long)	Visualization of the digestive process
Simulated Flight	Driving C919 takeoff	Application of bernoulli's principle

cientist Lectures

"Academician's Small Classroom" at 10:00 on the second Saturday of each month (book on the official website)

Featured Sessions: Astronaut Ground Training Equipment Experience (Height Limit: 1.3m or above)

(5) Shanghai Natural History Museum 上海自然博物馆

Address

No. 510, Beijing West Road, Jing'an District, Shanghai 上海市静安区北京西路510号

Parent-Child Project Strategy

Position: Dinosaur Theme Park

Suitable age: 3+

Immersive experience

Tyrannosaurus heartbeat: touch the chest of the simulated dinosaur to feel the heartbeat vibration

Fossil restoration: make an appointment for the archaeological studio (including goggles/small hammer)

Mystery of extinction: VR recreates the impact of an asteroid on Earth

Hidden services

Specimen making workshop (every Wednesday at 14:00)

Animal overnight activity (summer vacation only, tickets must be grabbed)





(6) Xi'an Banpo Museum 西安半坡博物馆

Address

No. 155, Banpo Road, Baqiao District, Xi'an City, Shaanxi Province

陕西省西安市灞桥区半坡路155号

Parent-Child Project Strategy

Position: Prehistoric Survival Training Camp

Suitable age: 5+

Primitive people's compulsory course

—— Fire drill 2.0:

Modern version of fire-making device (safe magnesium rod + special tinder)

Successful ignition can be exchanged for "tribal warrior" stickers

Pottery making:

Use primitive slow wheel (guided by intangible cultural heritage inheritors)

The work will be mailed to your home after firing (postage is paid separately)

—— Reenactment

Banpo house building competition (limited to 10 minutes)

Bone needle threading challenge (training fine movements)

—— Smart service guide

Forbidden City: "Digital Forbidden City" applet can AR scan buildings to unlock hidden stories

Science and Technology Museum: Robot tour guide "Xiao Ke" supports voice Q&A

Terracotta Warriors and Horses: Lishan Garden Bronze Chariot and Horse Pavilion has AI holographic explanations

Souvenir recommendations

Forbidden City: Twelve Hours Badge Blind Box

Science and Technology Museum: Astronaut Training Centrifuge Model

Banpo: Primitive Emoji Pack Pottery Doll



（四）Zoos and Oceanariums

(1) Chengdu Research Base of Giant Panda Breeding 成都大熊猫繁育研究基地

Address

No. 1375 Panda Avenue, Chenghua District, Chengdu City, Sichuan Province

四川省成都市成华区熊猫大道1375号

▪ Chengdu Research Base of Giant Panda Breeding is a great place for families to get close to the "national treasure". Here, children can observe the daily life of giant pandas up close. Early morning is the golden time for visiting. At this time, pandas are particularly active, rolling and playing on the grass, or sitting on tree branches and chewing bamboo leisurely.

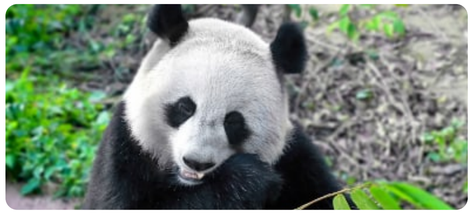
Every move is naive. If you want your children to have a deeper understanding of the panda's living habits, you can make an appointment in advance for volunteers to explain. The volunteers will use vivid language to describe the panda's dietary preferences - consuming 15-20 kilograms of bamboo shoots every day, and how their unique "pseudo-thumbs" can flexibly grasp bamboo. They will even show panda feces samples and tell children that these feces are like hay and have no odor because bamboo fibers are difficult to digest. The base's young panda villa is a popular check-in point. Parents can bring their children here to observe the growth of panda cubs, and can also participate in the "feces paper making" experience, so that children can understand the environmental protection concept of "turning waste into treasure" in the hands-on process.

(2) Guangzhou Chimelong Safari Park
广州长隆野生动物世界
Address
No. 299, Hanxi Avenue East, Panyu District, Guangzhou City, Guangdong Province
广东省广州市番禺区汉溪大道东299号

- Guangzhou Chimelong Safari Park has created an immersive animal interaction experience for parent-child families. In the self-driving area, children can feed giraffes with the help of their parents and watch them stretch their necks to eat elegantly; they can also feed zebras with special hay and observe the details of zebras rolling food with their flexible lips. The "car window feeding" in the white tiger area allows children to experience the shocking moment of the white tiger jumping up to pounce on food up close.

Children aged 6-12 can sign up for the "Little Keeper" half-day camp, wear mini keeper uniforms, learn the dietary taboos of red pandas, and prepare complementary foods by themselves, and even participate in the "pen enrichment" work, hiding food in bamboo tubes for red pandas to "hunt for treasure", and cultivate a sense of responsibility while giving love.

The interaction in the koala park is also unique. Children can touch the soft and waterproof hair of koalas up close with their parents, and listen to the staff explain their unique habit of sleeping 18-20 hours a day to digest eucalyptus toxins.





Every move is naive. If you want your children to have a deeper understanding of the panda's living habits, you can make an appointment in advance for volunteers to explain. The volunteers will use vivid language to describe the panda's dietary preferences - consuming 15-20 kilograms of bamboo shoots every day, and how their unique "pseudo-thumbs" can flexibly grasp bamboo. They will even show panda feces samples and tell children that these feces are like hay and have no odor because bamboo fibers are difficult to digest. The base's young panda villa is a popular check-in point. Parents can bring their children here to observe the growth of panda cubs, and can also participate in the "feces paper making" experience, so that children can understand the environmental protection concept of "turning waste into treasure" in the hands-on process.

(3) Beijing Zoo 北京动物园
Address
No. 137 Xizhimenwai Street, Xicheng District, Beijing 北京市西城区西直门外大街137号

- Beijing Zoo has realized a one-stop play experience for terrestrial animals and marine life, which is especially suitable for bringing children to carry out ecological education. Make an appointment for the "animal feces composting" project 3 days in advance. Children can put on gloves to mix sheep feces and leaves in proportion and put them into transparent fermentation bags. They will understand that these fertilizers will be used for planting flowers and plants in the park in 3 months; in the "making animal enrichment toys" activity, parents and children cooperate to make "food ice bricks" for monkeys and "floating tires" for otters. Watching the process of animals "cracking" toys, children can intuitively understand the significance of ecological protection.

In the aquarium, the "diver feeding show" allows children to witness the scenes of nurse sharks and turtles eating. In the touch pool, they can touch manta rays and starfish to feel the wonderful touch of marine life. The panda pavilion and lion and tiger mountain in the terrestrial animal area can also let children know a variety of terrestrial creatures. The harvest is full in one day.

(4) Zhuhai Chimelong Ocean Kingdom 珠海长隆海洋王国
Address
Changlong Avenue, Xiangzhou District, Zhuhai City, Guangdong Province
广东省珠海市香洲区长隆大道

- As the world's largest marine theme park, Zhuhai Chimelong Ocean Kingdom opens a door for children to explore the ocean.

In the giant whale shark hall, three huge whale sharks swim in the azure waters. Children can feel the shock of the marine giants through the huge glass curtain wall. If you want to have a special experience, you can make an appointment for "undersea overnight stay" and fall asleep in a transparent tent accompanied by the sound of manta rays paddling. In the morning, you can also participate in the "whale shark breakfast feeding" observation to learn about their filter-feeding habits of swallowing 10 kilograms of krill every day.

In the touch pool area, children can touch the rough back of the manta ray under the guidance of the staff and observe the wonderful posture of the starfish moving with its tube feet. The night "Ocean Defense War" fireworks show is not to be missed. It combines the water flying performance and light projection to tell the story of protecting marine animals. Children wave fluorescent bracelets to participate in the "virtual cleaning of marine garbage" interaction and establish marine protection awareness in joy.





（五）Six Cultural Theme In-Depth Tours

(1) Tea Culture Themed Experience Parent-Child Project Strategy

Feature：Fairyland on Earth + Plateau Ecology Class

Suitable age: 4-12 years old

① Longjing Village, Hangzhou, Zhejiang 杭州·龙井村

—— Core experience:

- Parent-child tea picking: equipped with mini tea baskets and safe tea picking shears (limited to tea trees below 1.2 meters)
- Tea frying workshop: Children's special low-temperature frying pan (70℃) experience "shake, match, press" techniques
- Tea art class: Use anti-scalding tea sets to learn the simplified version of "Phoenix three nods"

—— Featured services:

- West Lake linkage: Take a rowing boat to listen to the "Longjing Tea Legend" animation explanation
- Extended experience: China Tea Museum "Smell the fragrance and know the tea" interactive game area

② Wuyi Mountain, Fujian 福建武夷山

—— Featured projects:

- Bamboo raft tea table: fixed tea tray + anti-splash tea cup
- Rock tea experience: Tea kneading cloth for children (with illustrated steps)

—— Itinerary suggestions:

- Morning: Jiuqu River rafting in sections (rest at the shore every 40 minutes)
- Afternoon: Tea factory visit (focus on watching the shaking process)

③ Chengdu Heming Tea Hous 成都·鹤鸣茶社

—— Parent-child package:

- Panda tea set (with rock sugar and mini snacks)
- Sichuan Opera face-changing special (two shows at 10:30/15:00, including backstage interaction)

—— Safety design:

- Bamboo children's dining chair (with seat belt)
- Anti-scalding tea cup cover (adjustable temperature)







(2) Calligraphy and Chinese Character Culture Tour Parent-Child Project Strategy

Feature：Chinese Culture Enlightenment + Art Practic

Suitable age: 5-15 years old





① Xi'an·Forest of Steles Museum 西安·碑林博物馆

—— Interactive projects:

- Magnetic Rubbings: Ink-free Safe Version (with Cartoon Pattern Template)
- Chinese Character Treasure Hunt: Find 5 Hieroglyphics Based on Clues

—— Educational support:

- AR Interaction: Scan the Stone Tablet to Trigger the "Chinese Character Evolution" Animation
- Cultural and Creative Recommendations: Washable Calligraphy Practice Set

② Shaoxing·Lanting 绍兴·兰亭

—— Special experiences:

- Electronic Water Writing Screen Copying (Automatic Scoring System)
- Qushui Liushang Game: Plastic Floating Plate + Ancient Poetry Stickers

——Study courses:

- "Story of Wang Xizhi" Picture Book Tour (Including Interactive Q&A)
- Calligraphy Teacher Demonstrates "Eight Methods of Yongzi" on the Spot

③Beijing·Confucius Temple and Imperial College 北京·孔庙和国子监

——Ceremony experience:

- Opening Ceremony: Washable Cinnabar + Special Brush
- Chinese Character Puzzle: Magnetic Type Module

——Extension activities:

- Guqin Experience Class (15-minute Introductory Version)
- Imperial Examination Situation Drama (Children's Role Playing)

(3) Wushu Kungfu Experience Camp Parent-Child Project Strategy

Feature：Physical Training + Cultural Heritagee

Suitable age: 6-14 years old

① Dengfeng · Shaolin Temple 登封·少林寺

—— Safety courses:

- Basic horse stance training (with anti-slip mat)
- Cloth bag sandbag boxing (0.5kg children's version)

—— Supporting services:

- VIP area for monk performances (reserved seats in the first 3 rows)
- Vegetarian children's meals (cartoon-shaped set meal)

② Foshan · Huang Feihong Memorial Hall 佛山·黄飞鸿纪念馆

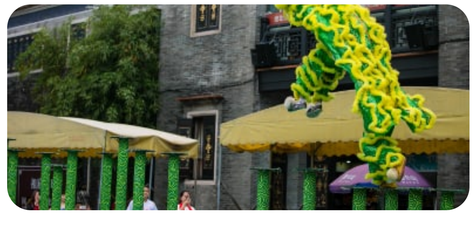
—— Folk experience:

- Mini lion head (1.2kg lightweight design)
- Nanquan 12-style cartoon teaching board

—— Featured projects:

- Lion awakening and Caiqing scene experience (safety height 1 meter)
- Martial arts theme 3D cinema (20-minute special show)





(4) Traditional Opera Enlightenment Parent-Child Project Strategy

Feature: Role Playing + Aesthetic Enlightenment

Suitable age: 3-10 years old





① Beijing Huguang Guild Hall 北京·湖广会馆

—— Family package:

- Washable face painting (including protective apron)
- Costume experience (trip prevention with Velcro fastening)

—— Advice:

- Choose the 2:00 PM show (best after lunch break)
- Rows 3-5, center (best view and volume)

② Chengdu Shufeng Elegance 成都·蜀风雅韵

—— Interactive activities:

- Shadow puppetry DIY (blunt rivet safety material)
- Sichuan opera puppetry (30cm lightweight puppets)

——Special offers:

- Backstage tour (limited 15-minute guided tour)
- Face-changing performance photo session

(5) Traditional Festival Theme Tour Parent-Child Project Strategy

Feature: Folk Immersion + Parent-Child Collaboration

Suitable age: 3-12 years old

① Spring Festival · Zigong Lantern Festival 春节·自贡灯会

—— Safety Experiences:

- LED Lantern DIY (Cold Light Design)
- Hanfu experience (Anti-Fall Headdress + Safety Pin)

—— Featured activities:

- Zodiac lantern treasure hunt
- Intangible Cultural Heritage Iron Flower Making (Safe Distance Viewing Area)

② Dragon Boat Festival · Miluo River 端午节·汨罗江

—— Family activities:

- Dragon boat model racing (Inflatable Track)
- Triangular Zongzi Molds (Anti-Scratch Design)

—— Safety measures:

- Viewing area with Lifeguards and Awnings
- Children's life jackets (5kg Buoyancy)

③ Mid-Autumn Festival · Suzhou Net Master's Garden 中秋节·苏州网师园

—— Featured experiences:

- Snow skin mooncake making (oven-free)
- Children's pingtan performance (cartoon version of "chang'e flying to the moon")

—— Night Tour Amenities:

- Luminous bracelets (loss prevention)
- Moonlight projection show (two shows: 7:30 PM and 8:30 PM







(6) Traditional Clothing and Handicraft Experience

① In-Depth Experience of Hanfu Culture
Nanjing Confucius Temple/Xi'an Tang Dynasty City

Parent-Child Project Strategy

Experience duration: 2-3 hours

Suitable age: 3+





The Nanjing Confucius Temple Hanfu Experience Center offers over 200 sets of children's Hanfu, including styles from different dynasties, including Tang and Ming dynasties. Sizes are suitable for children up to 90cm tall. Professional makeup artists will use safe hairspray and child-specific hair accessories (such as Velcro-fastened hair wraps) to create a look in just 15 minutes.

—— The experience package includes:

- Professional photography service (including 10 retouched photos)
- Historical and cultural explanation (with an animated presentation on the evolution of dynastic clothing)
- Etiquette class (learning simple etiquette such as the Yi and Wanfu rituals)

Xi'an's Tang Dynasty City Everbright offers a "Journey Through the Prosperity of the Tang Dynasty" themed experience.

—— Featured services:

- Exclusive lighting props for night photography
- Includes a waist bag with a built-in tracking device
- A complimentary small fan printed with selected Tang Dynasty poems

② Zen Meditation Experience
Hangzhou Lingyin Temple

Parent-Child Project Strategy

Experience duration: Half-day

Suitable age: 8+

——Children's zen meditation course at lingyin temple

- Zen Craft Class: Make natural scented sachets (using safe materials such as mugwort and dried tangerine peel) using blunt-tipped needlework
- Calligraphy Meditation: Practice water-based calligraphy in the meditation room (with a non-slip inkstone)
- Tea Ceremony Experience: Learn temple tea etiquette (using scald-resistant teaware)

—— Course Highlights:

- Limited to 10 families per session (to ensure quality experience)
- Ergonomic children's cushions provided
- A consecrated amulet (can be engraved with your child's name) will be given after the class



—— Notes:

- Reservations must be made one week in advance (weekend sessions are limited)
- It is recommended to bring a small portable stool (some activities require sitting cross-legged)

③ Intangible Cultural Heritage Handicraft Inheritanc Guizhou Xijiang Qianhu Miao Village

Parent-Child Project Strategy

Experience duration: 1.5-2 hours

Suitable age: 5+

—— The Batik Experience Center offers graded courses:

Beginner's Edition (5-7 years):

- Use pre-drawn pattern templates and a safety wax knife (round-tipped design)
- Dyes are food-grade plant extracts (washable)

Advanced Edition (8 years+):

- Learn traditional pattern drawing
- Experience the natural indigo dyeing process (wear protective gloves)

—— Special Offers:

- Create your work into a reusable bag or handkerchief to take home.
- Complimentary Miao language class (learning simple greetings).
- Photographing in traditional costumes is available. (Silver jewelry is made of a safe alloy.)





④ Manchu Costume Experience in the Forbidden City Beijing Forbidden City

Parent-Child Project Strategy

Experience duration: 3 hours

Suitable age: 4+

——The Palace Museum's official collaboration with the "Forbidden City Costume Experience Hall" provides

- Children's Mandarin Costume: Replica Qing Dynasty court style (includes non-slip shoes with flower pot soles)

—— Scene package:

- Photoshoot at the Cultural and Creative Center (with "A Thousand Miles of Rivers and Mountains" as background)
- Real-world photography at the Imperial Garden (with professional lighting and reflectors)

—— Value-added Services:

Complimentary "Little Princess/Little Prince" electronic ID card

Props for the Forbidden City map treasure hunt

Optional AR special effects photography (e.g., "traveling through" an ancient painting)





(六) In-Depth Experience of Ancient Towns and Villages

(1) Wuzhen/Xitang

—— Core experiences:

- Nighttime Rowboat Tour: Children are provided with life jackets, and the boatman will tell simplified versions of water town legends (such as the story of the "Silkworm Goddess"). The 30-minute cruise passes by lantern-adorned stone bridges.
- Indigo Print Workshop: Child-sized templates (animal and floral designs) are provided, using food-grade dyes. Your creations can be made into small handkerchiefs to take home.

Special family activities:

- Xitang "Ancient Town Treasure Hunt" (collect 5 store stamps to exchange for maltose)
- Wuzhen Children's Playhouse: Traditional Toy Experience (hoop rolling, spinning top)

—— Recommended dining food:

- DIY Dingsheng Cake (Workshop within Wuzhen's Xizha Scenic Area)
- Xitang Guanlaotai Stinky Tofu (Children's Non-Spicy Version)





(2) Puzhehei, Yunnan

—— Seasonal activities:

Summer (June-August):

- Water fight in a willow-leaf boat (water guns/scoops provided, boats equipped with non-slip mats)
- Lotus pond picking (waterproof jumpsuits provided, children over 1.2m tall only)

Winter (November-February):

- Swan lake feeding (specialized corn kernels provided)
- Yi village fire pit experience (safety fence + intangible cultural heritage song and dance performance)

—— Accommodation recommendation:

- Choose a lakeside homestay in xianren cave village (with swings and an observatory)







(3) Hongcun Village, Anhui

—— Sketching and ancient architecture class:

Summer (June-August):

- Ink painting experience: Use safe watercolors to copy hui-style architecture at nanhu academy (stain-proof aprons provided)
- Ancient village exploration: Use a handheld magnifying glass to uncover the stories of brick carvings on the horse-head wall (illustrated booklet provided)

—— Special activities:

- Moon pond night stargazing (8:00 pm - 9:00 pm telescope experience)
- Tao shi tao (traditional rice cake making using molds shaped like the Chinese zodiac animals)

—— Transportation tips:

- We recommend renting a family bicycle (with a safety guardrail on the back seat)



(4) Fujian Tulou (Yongding/Nanjing)

—— Hakka cultural immersion:

- Tulou construction simulation: Build a scaled-down "four dishes and one soup" model using eco-friendly building blocks

—— Folklore experience:

- Learn to sing the hakka nursery rhyme "moonlight"
- Weave small bamboo fish (guided by an intangible cultural heritage inheritor, materials treated with puncture-resistant materials)





—— Overnight highlights:

- Soundproof room with rammed earth walls in heguilou (with starlight projection); camping
- at tianluokeng observation deck (with mosquito repellent lamp and warm sleeping bag provided)

—— Safety precautions:

- Children must be held tightly when ascending the steep stairs

(5) Zhaoxing Dong Village, Guizhou

—— Minority culture:

Dong song class

Learn a simplified version of "cicada song" (with pinyin lyrics)

Handicraft experience:

- Plant-dyed small backpack (isatis dye + rubber gloves)
- Ciba making competition (children's mallet)

Festival specials:

- Clothes drying festival on the sixth day of the sixth lunar month (photos are welcome in dong ethnic attire)
- Spring festival lusheng concert (safe viewing distance 10 meters)

Must-try foods:

- Glutinous rice balls (choose your own sweet or savory toppings)
- Oil tea experience hall (decaffeinated version for children)





(6) Xinjiang Hemu Village

—— Grassland pastoral experience:

Kazakh family visit:

- Cow milking experience (with stool and sterilized gloves)
- Wool felt poking (safety with blunt needle)

—— Nature classroom:

- Birch forest plant rubbing (reusable canvas bag provided)
- Stargazing (professional guided constellation explanation at 10:00 pm)

—— Accommodation upgrade:

- Log cabin b&b with kangbed (floor heating and child guardrails available)





Contact Us

+8613775219367
+8613915017585

cs@hellochinatrip.com

HelloChinaTrip.com

HCT HELLO CHINA TRIP